

Outcomes of Ballarat Neighbourhood Centre

In November 2024 people attending Neighbourhood Houses across Victoria were invited to complete a survey. This is what people at Ballarat Neighbourhood Centre told us.

92

people responded to the survey

52%

made a friend

Improve my job skills	29%
Improve my health	17%
Improve my personal wellbeing/confidence	27%
Spend time with other people	65%
Meet new people/Make friends	63%
Help my community	43%
Develop a new interest or activity	27%
Improve my independence	20%
Get practical support (e.g., food, clothing)	4%
Use a service	29%
Feel safer or more secure	5%

Respondents identified an average of **3.3** benefits from attending the Neighbourhood House.

65% became more involved in the community as a result of attending the Neighbourhood House.

Participating in an activity at a NHs had positive effects for most respondents:

- **98%** improved physical wellbeing
- **96%** improved emotional wellbeing
- **88%** improved social connections
- **83%** improved overall wellbeing outside the Neighbourhood House
- **73%** stronger support networks
- **85%** stronger sense of belonging to the community

Respondents went on to do other things as result of participating in their Neighbourhood House:

Volunteering	27%
Started TAFE/university/other further education	9%
Learned a new skill	25%
Got a job	11%
New career pathway	12%
Made a friend	52%
Other	4%