



Independent Living Skills Cooking

An introductory class for learners to develop their cooking skills. Suitable for all ages, this course will help learners become confident in the kitchen.



A course to develop your skills in:

- Enhancing essential kitchen skills
- How to cook the basics using fresh ingredients
- Understanding hygiene and food safety principals
- Preparing healthy meals and adapting recipes

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www.ballaratnc.org.au



Skills for study
work and life

We enrich our community by providing opportunities to connect, participate and learn

Length: 20 hours - 8 weeks

Eligibility: Visit the website for details.

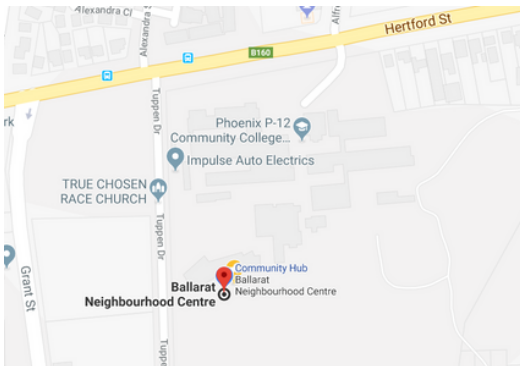
For dates, times, costs and prerequisites refer to the BNC Course Timetable.

Discover Learn Local

We provide education and training programs designed to meet your learning needs. As a registered Learn Local we help you return to study, become work ready, improve your skills or learn something new.

Find us at the Ballarat South Community Hub

11 Tuppen Drive, Sebastopol



**Ballarat Neighbourhood Centre
PO Box 540W, Ballarat. 3350**