



Making A Change

This program is designed for people who are experiencing or have experienced problematic alcohol or other drug use and are able to self-motivate and capable of self-management.



This course aims to:

- Promote behavioural change
- Improve lifestyle, health and well being
- Reduce or cease the risks, harms and consequences of alcohol and other drug use
- Assist participants to improve feelings of social connectedness
- Improve daily living skills

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www.ballaratnc.org.au



Skills for study
work and life

We enrich our community by providing opportunities to connect, participate and learn

Length: 64 hours - 8 weeks

Eligibility: Visit the website for details.

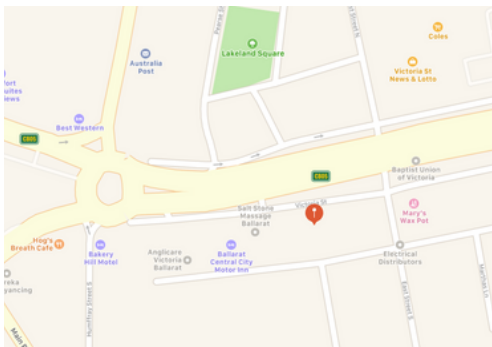
For dates, times, costs and prerequisites refer to the BNC Course Timetable.

Discover Learn Local

We provide education and training programs designed to meet your learning needs. As a registered Learn Local we help you return to study, become work ready, improve your skills or learn something new.

Located at Ballarat Community Health

28 Victoria Street, Ballarat Central
Victoria 3350, Australia



**Ballarat Neighbourhood Centre
PO Box 540W, Ballarat. 3350**